



SIMMER DOWN WITH SOUP THIS WINTER!



BEEF CHILI (GF)

TURKEY CHILI WITH BEANS (GF)

ORGANIC VEGETARIAN CHILI (GF, V)

CHICKEN, KALE & SWEET POTATO (GF)

CHICKEN & WILD RICE

CHICKEN GINSENG (GF, ABF)

CHICKEN & POBLANO PEPPER

CHICKEN & SAUSAGE GUMBO (ABF)

SPANISH STYLE SEAFOOD & SAUSAGE (GF)

BROCCOLI & CHEDDAR

BAKED POTATO

ORGANIC LENTIL & CHICKPEA (GF, V)

TOMATO & ZUCCHINI (GF, V)

SPINACH & FETA (V)

FIRE ROASTED VEGETABLE (GF, V)

PLEASE NOTE THAT NOT ALL SOUPS ARE AVAILABLE ON A REGULAR BASIS. IF THERE IS AN INTEREST, PLEASE GIVE US 48 HOURS NOTICE.

(V) VEGETARIAN (GF) GLUTEN FREE (ABF) ANTI-BIOTIC FREE